

Package leaflet

Aspecton[®] Junior Cough Suppressant Iceland moss

For children aged 1 year and older

Dear Patient,

Please read this leaflet carefully because it contains important information that you should bear in mind when using this medical device. If you have any questions, please ask your doctor or pharmacist.

What Aspecton[®] Junior Cough Suppressant contains

100 mL liquid contain 11.12 g liquid extract of *Lichen islandicus* (1:1)

Other ingredients:

Potassium sorbate, maltitol solution, citric acid anhydrous, hydroxyethyl cellulose, macroglycerol hydroxystearate, propylene glycol, sucralose, honey flavouring, purified water.

Alcohol- and sugar-free, gluten- and lactose-free

When is Aspecton[®] Junior Cough Suppressant used?

Aspecton[®] Junior Cough Suppressant is a syrup used for irritation of the mouth and throat lining (mucous membranes) and associated dry, tickly cough.

The ingredients of Iceland moss (*Lichen islandicus*) form a protective layer over the mouth and throat lining (mucous membranes). This protects the worn-out mucous membranes from external stimuli and prevents coughs from getting started.

The soothing effect is achieved by the high proportion of mucilaginous substances in Iceland moss extract. These prevent the mucous membranes from drying out by binding water to their surface.

Take care when using Aspecton[®] Junior Cough Suppressant

Aspecton[®] Junior Cough Suppressant must not be used in cases of hypersensitivity to any of the ingredients.

Aspecton[®] Junior Cough Suppressant is not suitable for children under 1 year.

This product contains maltitol solution. If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking this product.

10 mL contain 3.43 g maltitol equivalent to about 0.29 bread units. You should take this into account if you are on a diabetic diet. The calorific value is 2.3 kcal/g maltitol. Maltitol may have a mild laxative effect.

Macrogolglycerol hydroxystearate may cause upset stomach and diarrhoea.

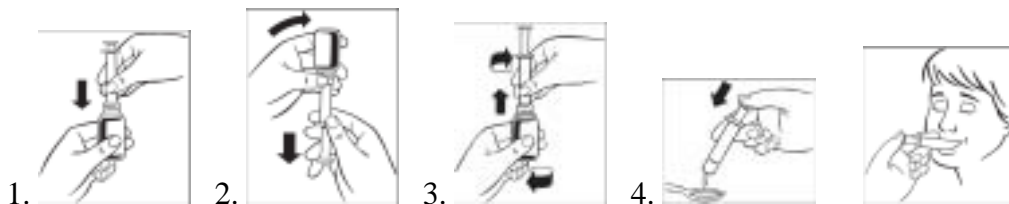
No adequate studies are available on the use of this product during pregnancy and breast-feeding. Aspecton[®] Junior Cough Suppressant should therefore not be used during pregnancy and breast-feeding without consulting a doctor.

How to use Aspecton[®] Junior Cough Suppressant

Children aged 1-4 years take 5 mL 1-2 times daily, children aged 5-10 years take 10 mL twice daily and children and adolescents aged 11-16 years take 10 mL 3-4 times daily.

The pack is supplied with a measuring syringe for accurate dosing.

Notes on using the dosing syringe:



1. Insert the dosing syringe into the opened bottle and press it down until it is firmly secure. The syringe plunger should be inserted all the way into the syringe.
2. Turn the bottle carefully upside down and slowly draw up the liquid with the dosing syringe by pulling out the plunger up to the required mark.
3. Turn the bottle the right way up and remove the syringe by carefully twisting it from the bottle neck. Reclose the bottle after removal.
4. Administer the syrup either directly from the syringe by slowly emptying the syringe against the inside of the cheek or onto a spoon.
5. After use, pull the plunger out of the syringe barrel, clean the parts with warm water and then dry the syringe.

Advice for diabetics:

10 mL are equivalent to 0.29 BU (bread units/carbohydrate exchange units).

You should not eat or drink directly after taking Aspecton[®] Junior Cough Suppressant because this removes the protective layer from the mouth and throat mucous membranes.

How long may you use Aspecton[®] Junior Cough Suppressant?

If symptoms persist for more than 3 days without improvement, a doctor should be consulted.

What shelf life and storage instructions must be observed?

The expiry date of the unopened bottle is printed on the carton and label. Do not use this pack after this date.

After opening the bottle, use the product within 6 months.

Do not store above 25 °C.

In which pack sizes is Aspecton[®] Junior Cough Suppressant available?

Aspecton[®] Junior Cough Suppressant is available in bottles containing 100 mL.

Each pack is supplied with a dosing syringe (CE medical device mark 0120).

Manufacturer

Krewel Meuselbach GmbH, Krewelstr. 2, 53783 Eitorf
tel: +49 (0)2243 / 87-0, fax: +49 (0)2243 / 87-175
e-mail: info@krewelmeuselbach.de

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[CE mark]

Keep out of the sight and reach of children.